

WEEK COMMENCING 3rd Nov, 24th Nov, 15th Dec, 19th Jan, 9th Feb

Monday

Pork Sausages
Vegetarian Lasagne (V)
Served with Mashed Potato,
Garden Peas, Carrots
Lemon Sponge served & Custard

Tuesday

Homemade Beef Lasagne Vegetarian Sausage(V) Served with Sweetcorn, Mixed Garden Salad, Diced Herby Potatoes Shortbread Finger with Fruit Wedges

Wednesday

Roast Chicken with Gravy
FFL Original Cauliflower & Brocoli
Cheese Bake (V)
Served with Roast Potatoes,
Green Beans, Carrots
Iced Chocolate Sponge

Thursday

Mild Beef Chilli Con Carne Vegetable Enchilada (V) Served with Fluffy Rice, Sweetcorn, Broccoli Apple Crumble & Custard

Friday

Battered Fish Fillet & Tomato Ketchup Cheese & Tomato Pizza (V) Served with Oven Chips, Garden Peas, Baked Beans Famous Fruity Friday

WEEK 2

WEEK COMMENCING 10th Nov, 1st Dec, 5th Jan, 26th Jan

Monday

Beef Burger in a Bun Cheese & Tomato Pinwheel (V) Served with Roasted Potato Wedges, Mixed Garden Salad, Coleslaw Jam Sponge

Tuesday

BBQ Chicken
Chickpea & Vegetable Biryani (V)
Served with Fluffy Rice,
Garden Peas, Broccoli
Mini Sultana Oat Cookie with Fruit
Slices

Wednesday

Roast Turkey with Gravy
Vegan Quorn Sausage (V)
Served with Roast Potatoes,
Green Beans, Carrots
Pineapple Upside Down Cake
with Custard

Thursday

Chicken Wrap Cheese & Tomato Pizza (V) Served with Roasted Potato Wedges, Sweetcorn, Mixed Garden Salad Chocolate Brownie

Friday

Battered Fish Fillet & Tomato Ketchup BBQ Vegetable & Bean Wrap (V) Served with Oven Chips, Garden Peas, Baked Beans Fruity Friday

-WEEK 3

WEEK COMMENCING 17TH Nov, 8th Dec, 12th Jan, 2nd Feb

Monday

Cheese, Tomato & Ham Pizza Vegetable Fajita (V) Served with Roasted Potato Wedges, Mixed Garden Salad, Coleslaw Shortbread

Tuesday Chicken Curry & Rice Macaroni Cheese (V) Served with Warm Baguette, Garden Peas, Broccoli Chocolate Sponge with Custard

Wednesday

Roast Gammon with Gravy Roast Quorn Fillet with Gravy (V) Served with Mashed Potato, Carrots, Green Beans Banana Home Bake

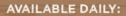
Thursday

Pasta Bolognaise Vegetarian Chilli & Rice (V) Served with Bread, Sweetcorn, Broccoli Chocolate Cookie

Friday

Battered Fish Fillet & Tomato Ketchup Vegetable Fingers (V) Served with Oven Chips, Garden Peas, Baked Beans Famous Fruity Friday





Pasta with Tomato & Basil Sauce Tuesday & Thursday or Jacket Potato topped with either Baked Beans, Cheese or Tuna Mayonnaise Mon, Weds & Fri

Choice of Freshly Baked Bread, Salad Bar, Fresh Fruit, Fruit Yoghurt, Jelly and Water.