

What is bullying?

- Deliberately hurting another person
- Something that happens over and over again
- The person doing the hurting has more power than the person they are picking on

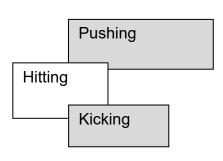


It can be ...

Physical

Social

Verbal



Online (email, text, social media etc)

Leaving someone out

Spreading Rumours

Teasing Threats

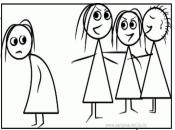
Name Calling

Telling lies

Sometimes these behaviours may seem to be bullying, but they may not fit the description of what bullying is.

If it isn't bullying, we will still treat it seriously!

Either way, you need to tell an adult in school **or** go to Room 5 and tell an ELSA **or** tell an adult at home......just tell someone!



Don't suffer in silence!

If it **is** bullying, you will be supported by a trusted adult e.g. an ELSA.

The child carrying it out will be dealt with and their parents informed.

We will monitor how things are going by talking to you regularly so it doesn't happen again. If it is **not** bullying, the child carrying it out will be dealt with and they will get a consequence such as Time Out.

If it keeps happening, it may turn into bullying!

....and if you know that someone is being bullied, tell someone!