

# ABBOTSWOOD SCHOOL

'Helping **everyone** achieve their best'

Ringwood Road  
Totton  
Southampton  
SO40 8EB

Telephone: (023) 8086 3159

E-mail: [admin.office@abbsch.co.uk](mailto:admin.office@abbsch.co.uk)

[www.abbotswood.hants.sch.uk](http://www.abbotswood.hants.sch.uk)

Headteacher: Mr G Moore

Monday 1st June 2026

## Year 4 Swimming Sessions (4ME)

Dear Parents and Carers,

Please find below the dates for 4ME's swimming lessons which will begin **W/C Monday 8th June**:

**Lesson time** 1:30-2:30

11/06/26	18/06/26	25/06/26	9/07/26	16/7/26
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Swimming lessons will be on a **Thursday afternoon**. The children will need to come dressed in **their uniform** and bring a bag with them, including the items below.

### **For their swimming session, each child will need:**

- A swimming costume (the Centre policy is not to allow long baggy style shorts, below the knee)
- Towel
- Goggles (optional)
- Hair tie or swim cap (for those children with long hair)
- A water bottle
- A coat (as it can get chilly walking back from the pool!)

Qualified instructors from Totton Recreation Centre will lead the swimming sessions and your child will be accompanied to the pool by their class teacher.

We also need **2 parent helpers** to support walking the children to and from the centre. If you are able to assist, please contact the school office via email ([admin.office@abbsch.co.uk](mailto:admin.office@abbsch.co.uk)). Once help is confirmed, the office will make contact with you.

Please note that the children will walk to and from their swimming lesson so appropriate clothing for weather will be essential.

Yours sincerely,

Miss Lucia Di Maiolo  
Year 4 Leader