

ABBOTSWOOD SCHOOL

'Helping **everyone** achieve their best'



'It Really Does Matter'

Ringwood Road
Totton
Southampton
SO40 8EB

Telephone: (023) 8086 3159
E-mail: office at [abbotswood.hants.sch.uk](mailto:office@abbotswood.hants.sch.uk)
www.abbotswood.hants.sch.uk

Headteacher: Mr G. Moore

Thursday 25th June 2026

Dear Parents and Carers,

Year 6 Relationship and Sex Education

During the week commencing 6th July, Year 6 will be learning about Relationships and Sex Education (RSE). The sessions will be delivered in classes, by their class teacher. The children are given the opportunity to ask questions, if they have them, and we encourage children to talk about their learning at home. The lessons will run over three afternoons and will cover the following objectives:

Lesson 1 and 2

- to recap learning from Years 4 and 5.
- to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships).
- to learn that people may be attracted to someone emotionally and romantically.
- to learn about healthy and unhealthy behaviours in relationships.

Lesson 3

- to understand the processes of reproduction and birth as part of the human life cycle, how babies are conceived and born and how babies need to be cared for.
- to recognise the importance of consent and what it is.

If you have any questions about the content of the lessons, please contact your child's class teacher.

Yours sincerely,

Mr Ben Perry
Year 6 Leader

Miss Holly Wilson
PSHE Lead